

West Austin Athletic Club Camp Registration Form 2012

Name: _____ **Member #** _____
Address: _____ **Zip:** _____ **T- Shirt Size Youth S M L**
E-mail: _____ **Birth Date:** _____ **Adult S M L**
Parents' Names: _____ **Contact phone #'s:** _____

WAAC Camps are 1 week sessions. Morning Camps 9 am-noon, Afternoon Camps 1-4 pm, Early Drop 8-9 am, Lunch Bunch noon-1 pm, Late Stay 4-5:30 pm. Most sessions are 5 days, Monday-Friday, except Session 5 which is 4 days, Monday, Tuesday, Thursday, Friday. (No camp July 4)

All camps must have at least 5 people or they may be combined with another camp held at the same time. Free snack is provided with each camp including a fruit and cracker. Lunches may be pre-ordered for the week or by the morning of camp. A camp snack bar card allows campers to purchase items like sno cones from the snack bar store.

Pricing for One Week Session Session 5 is 80% of this price, WAAC family members receive a 10% discount

ALL Day 8-5:30	\$290
Pick a M & A Camp	
Tadpole Camp 9-12	\$150
M,A Camp 9-12 OR 1-4	\$125
Early Drop 8-9	\$40
Lunch Bunch 12-1	\$30
Late Stay 4-5:30	\$50
Snack Bar Cards	\$5 each
Weekly Lunch	\$25

Registrations prior to May 1, 2010 will be processed with a 50% non-refundable deposit. Complete payment is due May 1. Registrations after May 1 must include total payment to be processed. There is a \$15 transfer fee to change sessions. Generally, camps are closed on the Monday, one week prior to camp start, however, registrations will be accepted after that time on a space available basis with a \$20 late fee.

Medical Information & Parental Consent:

I, the minor's parent and/or legal guardian, understand the nature of fitness activities of West Austin Athletic Club's Camps, and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO IDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees (West Austin Athletic Club, their administrators, directors, agents, owners, members, volunteers, and employees) from all liability, claims, demand, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise including negligent rescue operations, and further

agree that if, despite this release, I, the minor's parent and/or legal guardian, or anyone on the minor's behalf makes a claim against any of the above Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cause any may incur as the result of any such claim.

I give West Austin Athletic Club and its Releasees permission to perform medical treatment for the minor child as needed. Included below or on an attached sheet is information about my child's medical history and emergency contacts.

I GIVE OR DO NOT GIVE my child permission to go down the water slide and off the diving boards.

Parent's Signature & Date: _____

Doctor to call in emergency: _____

Please list on another sheet any medical information that the camp staff should know including allergies, medications, disorders, seizures, asthma, **anything** you think is important to help your camper and attach to this sheet.

Morning Camps: 9 am – noon X-not offered that week T-Tennis, T & S - Tennis & Swim, WS – Water Sports, DT – Dive & Tumble, T, D, S – Tennis, Dive & Swim

	1	2	3	4	5	6	7	8	9	10	11	12
Date	June 4-8	June 11-15	June 18-22	June 25-29	July 2,3,5,6	July 9-13	July 16-20	July 23-27	July 30-Aug. 3	Aug. 6-10	Aug. 13-17	Aug. 20-24
Tadpole					X							X
Guppy												
Dolphin					X							X
Shark					X							X
Baracuda					X							X
Tennis /Tennis & Swim	T	T & S	T	T & S	T,D,S	T	T & S	T	T & S	T	T & S	T,D,S
Water Sports/Dive/Tumble	WS	DT	WS	DT	X	WS	DT	WS	DT	WS	DT	X
Early Drop 8-9												
Lunch Bunch noon-1												

Afternoon Camps 1-4 pm X-Not Offered T-Technique Swim, S – Speed Swim, E – Endurance Swim, BS – RC Babysitting, Sur – Water Survival Challenge, Saf – Water Safety

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Guppy												
Just for Fun		X		X		X	X		X		X	
WAACY Olympics	X		X		X			X		X		X
Specialty Swim	T	S	E	S	X	T	S	E	T	S	E	X
Training	BS	Sur	Saf	BS	X	Sur	Saf	BS	Sur	Saf	X	X
Late Stay												

Please circle the Camps desired and indicate if camper will need Early Drop-off (ED), lunch bunch (LB), and/or late stay (LS). For ALL Day pick a Morning and Afternoon Camp. Send form and payment to: WAAC 1024 Patterson Rd. 78733, fax 263-0131, email becky@wfly.com. Payment can be member charge, check, cash, or MasterCard/Visa. For cc please use Google electronic payment at www.wfly.com. Questions: call WAAC at 263-4282.



WAAC Camps

For more details visit <http://www.wfly.com/Summer/NewCamps.htm> or call 263-4282



Tadpole (ages 3-5) Tadpole Camp is designed for pre-school children. The camps will have swim lessons, activities that teach tennis and court sports skills, and games. There will be a brief down time rest activity each day. There is one counselor for every four tadpoles. Tadpoles may not attend early drop or lunch bunch without a parent. All campers attending WAAC Camps must be potty-trained.

Guppy (ages 4-8) Guppy Camp is designed for young children who are comfortable in the water and ready to learn freestyle and backstroke. Swimmers learn breath exchange, and proper movements for these strokes. To be in the Guppy Camp, a child must be comfortable motoring unassisted 5-8 feet with their face in the water and be able to float on their back. Swimmers not yet ready for Guppy Camp should begin in the Tadpole Camp. On Fridays, parents are invited to attend a mini-meet.



Dolphin (ages 5-9) Dolphin Camp is for young swimmers who are comfortable swimming 25 yards with their face in the water and are ready to learn or improve the four competitive strokes. Campers work on stroke technique, play water games, and enjoy free time. On Fridays, parents are invited to a mini swim meet.



Shark (ages 9-14) Shark Camp offers a traditional stroke clinic which teaches/improves the four competitive strokes of freestyle, backstroke, breaststroke, and butterfly. Campers receive individual stroke instruction and are taught stroke drills to practice proper technique. On Fridays, parents are invited to a mini swim meet. Participants must be able to swim across the 25 yd. pool.



Barracuda (ages 8-14) Barracuda Camp is for swimmers with good technique of freestyle, backstroke, breaststroke, and butterfly. This camp works on elements to be faster and more efficient swimmers; technique, turns, and starts.

Water Sports (ages 7-14) Water Sports Camp allows campers to try many aquatics activities including swimming, diving, water polo, and games like sharks and minnows. This popular camp is a great way to enjoy WAAC's pools and learn something new. Participants must be comfortable in deep water and able to swim across the diving pool unassisted.

Dive & Tumble (ages 5-12) Diving and gymnastics are two fun and similar sports. In this camp, campers will spend time learning stretches, exercises, and tumbles that help perfect dives. The camp will also include instruction on the diving boards. Campers must be able to swim across the dive pool unassisted.

Tennis (ages 4-14) Tennis campers work with Coach Sarah Pernell and her staff from CTTA for a instruction. No experience is required just a willingness to try. Participants learn/review how to hold a tennis strokes, and game strategy. They play a variety of games that help build the skills needed in the



week of great tennis racquet, ball control, basic sport of tennis.

Tennis & Swim (ages 6-14) In this camp, participants do two sports; tennis and swimming. Campers will have tennis and swim instruction and free time each day. Campers must be able to swim across the 25 yard pool unassisted with their face in the water.

Just for Fun (ages 5-14) Every year campers tell us they want to have more time to "just play". WAAC offers not only the great pools, basketball court, and tennis courts, but also 9.5 acres to explore. Sample activities include going off the giant slide, learning a front dive off the board, playing Marco Polo, taking a nature hike, or having a four-square tournament.

WAACY Olympics (ages 5-14) goggle toss, capture the flag, underwater week, then have the Olympics on Friday!



Kids just want to have fun! This camp consists of crazy Olympic events like noodle relays, somersault contest, and dive board categories. Campers practice the events during the

Specialty Swim Camps (ages 7-14) These camps are for swimmers who have a good knowledge of the four competitive strokes, and who want to become stronger, more efficient, and faster! To be in these camps a swimmer must easily be able to swim continuous 50 yard sets.



Technique – Works on stroke technique, turns, starts, and transitions

Speed – Works on elements of the race to increase speed (starts, dives, transition, sprint, finish)

Endurance – Works on swimming longer distances to build strength, lung capacity, flexibility, and muscle memory

Training Camps These camps train tweens and teens based on Red Cross curriculums by Lifeguard Instructor Christine Walsh

Water Survival (ages 9-14) – Teaches and trains a list of techniques to help the swimmer know how to react in the water situations, such as making a flotation device from a t-shirt, learning to efficiently tread water, and how to enter unknown waters

Red Cross Water Safety (ages 11-14) Teaches lay CPR, First Aid, and basic water safety .

Red Cross Baby Sitting (ages 11-14) Teaches basic health and first aid information for those taking care of children

Fourth of July Week and Last Week of Summer (Sessions 5 & 12) These weeks will have Guppy sessions for younger campers and Tennis, Dive & Swim in the morning and Special Edition of Just For Fun in the afternoon for older campers. Both weeks will have unique activities.



WAAC Camps Lunch Order Form !!

Camper's Name: _____

Email: _____

Camp Session or Camp Dates:

Lunch Order Form: Lunch Ordered Daily is \$7 , Lunch Ordered by Week costs \$25
Meals include an entrée, a small bottled water, a cookie, and choice of 2 sides.

Meal choices: Quesadilla (Cheese, Chicken, Cheese & Chicken), Hot Dog,
Turkey Wrap, Peanut Butter & Jelly Sandwich

Please check what your child would like !

(Pick one.....)

(Pick two.....)

	Cheese Quesadilla	Chicken Quesadilla	Cheese & Chicken Quesadilla	Hot Dog	Turkey Wrap	PB & J Sandwich	String Cheese	Carrots	Gogurt	Raisins	Cherrios
Monday											
Tuesday											
Wednesday											
Thursday											
Friday											

Total Number of lunches? _____ * \$7 each = \$ _____ or \$25 for week

Extras to order for lunch, circle day(s) :

Smoothie \$2.50 (Strawberry-Banana or Mixed Berry) M T W Th F

Large Pretzel \$3.50 (Salt or Sugar Cinnamon) M T W Th F

Milk \$2.00 M T W Th F

Pudding \$2.00 Chocolate or Vanilla M T W Th F

Frozen Grapes \$2.00 M T W Th F

Add ons: \$ _____ + Lunches \$ _____ = Total \$ _____