

# Summer Dive

## At West Austin Athletic Club

Diving is a fun sport which builds strength and flexibility. WAAC's Dive program welcomes everyone. No dive experience is necessary, just a willingness to try!! People new to the sport should start with the Learn to Dive Classes or private lessons. Dive team is available for more experienced divers who are working on competition dives. To join a dive class, a person must be comfortable swimming in deep water and able to swim across the dive pool (about 30 feet). For more information contact the WAAC office at 263-4282 or [becky@wfly.com](mailto:becky@wfly.com) OR contact Coach Kathy Fox at [kdufox@austin.rr.com](mailto:kdufox@austin.rr.com) All classes must have at least three divers or they will be combined.

### *Learn to Dive Classes*

4-4:45 8 & younger M-F \$75

4:45-5:30 9 & older M-F \$75

By week:

(1) June 6-10 (2) June 13-17, (3) June 20-24, (4) June 27- July 1

(5) July 11-15, (6) July 18-22, (7) July 25-29, (8) Aug. 1-5, (9) Aug. 8-12

Saturday Learn to Dive 9-10 am (by month)

June 4, 11, 18, 25 \$75

July 9, 16, 23, 30 \$75

Aug. 6, 13 \$40

### *WAAC Dive Team*     June 6 – August 13

5:30-7 pm T/Th

10-11:30 am Sat.

Cost: \$225

Private Dive Lessons available:

Mondays & Wednesdays between 5:30-7 pm and Saturdays between 11:30 am -12:30

Cost \$50/30 min private lesson or 4 lessons for \$160



# WAAC Summer Dive Registration Form

Diver's Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Parents' Names \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Phone numbers \_\_\_\_\_

## Indicate Program:

### \* Learn to Dive

M-F 4-4:45pm 8 & younger \$75      4:45-5:30pm 9 & older \$75

(1) June 6-10      (2) June 13-17,      (3) June 20-24,      (4) June 27- July 1

(5) July 11-15,      (6) July 18-22,      (7) July 25-29,      (8) Aug. 1-5,      (9) Aug. 8-12

### Sat 9-10 am

June 4, 11, 18, 25 \$75

July 9, 16, 23, 30 \$75

Aug. 6, 13 \$40

### \* WAAC Dive Team      June 6 – August 13

5:30-7 pm T/Th, 10-11:30 am Sat. Cost: \$225

### \* Private Dive Lessons

Mondays      Wednesdays      Saturdays One \$50, Four \$160

Payment: Member charge    Check/Cash    Credit Card (use Google checkout at [www.wfly.com](http://www.wfly.com))

*My Family would like a WAAC family membership for \$525/summer or \$972/year paid at once or \$90/month. I have submitted the WAAC membership application. WAAC members receive a 10% discount on programs.*

## Medical Information & Parental Consent:

I, the minor's parent and/or legal guardian, understand the nature of fitness activities at West Austin Athletic Club, and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO IDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees (West Austin Athletic Club, their administrators, directors, agents, owners, members, volunteers, and employees) from all liability, claims, demand, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise including negligent rescue operations, and further agree that if, despite this release, I, the minor's parent and/or legal guardian, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cause any may incur as the result of any such claim. I give West Austin Athletic Club and its Releasees permission to perform medical treatment for the minor child as needed. Included below or on an attached sheet is information about my child's medical history and emergency contacts.

Parent's Signature & Date: \_\_\_\_\_

Doctor to call in emergency: \_\_\_\_\_

Please list on another sheet any medical information that the staff should know including allergies, medications, disorders, seizures, asthma, **anything** you think is important to help your child be successful at WAAC activities.