

WAAC Spring Guppy Classes 2012

Guppy Classes - West Austin Athletic Club's Guppy Classes are designed for young swimmers aged 4 to 8, who are no longer beginners, but are not yet ready to join stroke clinics or recreational swim team. To be in this program, a swimmer must love being in the water, have NO fear of the water, willingly put their head under the water, be able to swim with their face in the water 5-8 feet without stopping and be able to float on their back. More beginner swimmers are directed to WAAC's swim lesson program. Guppy Classes meet Monday-Thursday. It is recommended that they come 2-3 times per week, but they are welcome to come all 4 days. Guppy classes work on the fundamentals of freestyle, including breath exchange, backstroke, and swimming longer distances. WAAC's Guppy Classes are extremely popular and limited in size to 6 Guppies per instructor. Classes must have at least 3 participants or they will be combined with another class. To be enrolled in the Guppy program, please return the registration form with payment. Please contact WAAC at 263-4282 or becky@wfly.com with any questions about WAAC's Guppy classes.



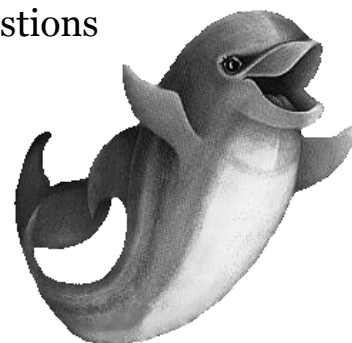
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Sessions: (1) Mar. 19 - Apr. 26 (2) Apr. 30 - May 24

Monday-Thursday

3:45-4:30, 4:30-5:15, 5:15-6, 6-6:45



Costs: \$185 for session 1 (6 weeks), \$125 for session 2 (4 weeks)
(WAAC members receive a 10% discount)

Late fee of \$25 must be included for registrations received after Friday, March 9 for Session 1 and Monday, April 23 for Session 2

For more information: Call 263-4282, email becky@wfly.com or check out our website: www.wfly.com

WAAC is located at 1024 Patterson Rd., off Bee Caves Rd. between 360 and 71.

Become a WAAC Member, Enjoy the Pools all year!

Registration Form for WAAC's Guppy Classes

Swimmer's Name:

Birth Date:

Parents' Name:

Address:

Zip:

Contact Number:

Email:

Please Indicate Preferred Class times:

3:45-4:30

4:30-5:15

5:15-6

6-6:45

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Full payment is due with registration form and is non-refundable. If WAAC has a different program which better serves the swimmer, then these funds will be transferred.

Return form with payment to: West Austin Athletic Club, 1024 Patterson Rd. 78733
(fax: 263-0131, email: becky@wfly.com). Payment must accompany registration form.

Payment: Member charge _____, check, or Credit Card (on-line Google check out)

To pay by credit card, please use our automatic payment at www.wfly.com

Medical Information & Parental Consent:

I, the minor's parent and/or legal guardian, understand the nature of fitness activities of West Austin Athletic Club's Swim Classes, and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees (West Austin Athletic Club, their administrators, directors, agents, owners, members, volunteers, and employees) from all liability, claims, demand, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise including negligent rescue operations, and further agree that if, despite this release, I, the minor's parent and/or legal guardian, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cause any may incur as the result of any such claim.

I give West Austin Athletic Club and its Releasees permission to perform medical treatment for the minor child as needed. Included below is information about my child's medical history and emergency contacts.

I GIVE OR DO NOT GIVE my child permission to go down the water slide and off the diving boards.

Parent's Signature & Date: _____

Become a WAAC Member!! Enjoy the pools all year!