

Swim Lessons at West Austin Athletic Club

**Swim Lessons
2011!**

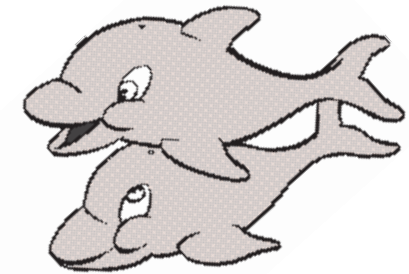
**1024 Patterson Rd.
Austin, TX 78733
www.wfly.com
263-4282**

West Austin Athletic Club

**West Austin
Athletic Club**



Lessons are taught at
WAAC
1024 Patterson Rd
off Bee Caves Rd (2244)
between Hwy 71 and Loop 360



Bonus

Young children get the most out of lessons when they are able to practice. Non-member families participating in WAAC's programs can purchase packets of 5 family guest passes to be used to practice after class or on weekends in the lifeguarded areas. Cost is \$50. Passes are turned into lifeguard to receive swimming band for the day. Also available—WAAC Family Summer membership (May 15-Sept. 15) for \$525

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If you have any concerns or questions please feel free to contact Becky, Susan, or Janet at 263-4282



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Swim Lessons

Swim lessons often are a child's first experience with learning to move in the water. WAAC's swim lessons provide beginners with the mechanics needed to learn formal strokes. Competitive or advanced swimmers may also want to take lessons to improve their strokes or achieve a specific goal. Swim lessons can be arranged for children to adults and for beginners with no prior experience to advanced swimmers. WAAC's lessons are designed to help all swimmers improve.

Why WAAC offers Great Swim Lessons

All of WAAC's swim instructors teach with patience and a positive attitude. The program is supervised by Janet Risser and Susan Walsh. Coach Janet is WAAC's head coach for the USA Swim Team. She has taught thousands of young children to swim and has taught many instructors how to effectively help all types of children swim. Susan Walsh is an owner of WAAC and has helped coordinate the swim programs at WAAC for thirteen years. They are assisted by Becky Sheperd in the WAAC office.

Swim lessons are Monday—Thursday

Group Lessons are eight 30 minutes lessons for two weeks.
Group—3-5 swimmers \$100

Semi-Private— 2 swimmers for four 30 min lessons \$180 total (\$90/swimmer)

Private— scheduled one 30 minute class at a time \$50, schedule 4 at a time \$160 *ALL Private Lessons must be prepaid prior to scheduling* (\$10 Reschedule Fee for lessons)

For Semi-Private and Private Lessons

Week Requested:

Days available: M T W Th F Weekends

Times available: morning afternoon evening

Requested Instructor or Any:

How to Register:

- (1) Fill out the registration form describing the swimmer's ability
- (2) For Groups, pick Session & Time Slot, Indicate Lesson Level (Beg, Adv Beg, Inter, Advanced)
- (3) Send in Registration form with payment
- (4) We will fill classes as we receive registrations and post them at www.wfly.com
- (5) Privates and Semi-Privates also fill out lower left corner

We reserve the right to move any child for their benefit before or during the session. We strive to provide your child with the best swimming lesson.

Group	Session Dates	Times	Deadline
	Mar. 21-Apr. 28	Privates and Semis ONLY	
	May 2-12	3-5, 5-7	April 18
	May 16-26	noon-2, 3-5, 5-7	May 2
	May 31-Jun 2	Privates and Semis ONLY	
	June 6-16	9-noon 1-3 4-7	May 23
	June 20-30	9-noon 1-3 4-7	June 6
	July 5-7	Privates and Semis ONLY	
	July 11-21	9-noon 1-3 4-7	June 27
	July 25-Aug. 4	9-noon 1-3 4-7	July 11
	Aug. 8-18	9-noon 1-3 4-7	July 25
	Aug. 22-Sept. 8	Privates and Semis ONLY	
	Sept. 12-22	3-5, 5-7	Aug. 29

Payment must accompany registration form. Cancellations made prior to deadline will be refunded half of lesson fees. After that all fees are non-refundable. Registrations received after the deadline will require a \$20 late fee.

Group and Semi-Private Swim Lesson Classifications

(note there is overlap within these categories)

Beginner (ages 3-6) First time to take swim lessons or a tentative swimmer

Intermediate (ages 4-8) Comfortable with someone besides parent, Comfortable with head going under water, Can move independently for 3 feet OR float on back

Advanced (ages 5-12) Knowledge of swim strokes, Motor 1/2 length (12.5 yards) with face in water

Private Lessons can be arranged for any age.

Make-up classes are ONLY re-scheduled due to bad weather

WAAC Swim Lesson Registration Form

Please fill out a different form for each swimmer, Check best time period for desired sessions & level of lesson.

Name (Parents) _____ E-Mail _____

Address with Zip _____

Contact numbers _____

Swimmer's Name _____ DOB _____

Age: _____

Please briefly describe what your child can/or cannot do in the water. Include any useful info including medical conditions such as attention disorders, diabetes, epilepsy, asthma, etc.

For Group Lessons Indicate Session Date(s), preferred time, and level of lesson by circling on the tables.

Please put any other info we need to help schedule your lesson:

Medical Information & Parental Consent: I, the minor's parent and/or legal guardian, understand the nature of fitness activities of West Austin Athletic Club's Swim Classes, and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees (West Austin Athletic Club, their administrators, directors, agents, owners, members, volunteers, and employees) from all liability, claims, demand, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise including negligent rescue operations, and further agree that if, despite this release, I, the minor's parent and/or legal guardian, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cause any may incur as the result of any such claim. I give West Austin Athletic Club and its Releasees permission to perform medical treatment for the minor child as needed. Included in an attached sheet is information about my child's medical history and emergency contacts.

Parent's Signature & Date _____
For Non-member Guest Pass Purchase, please list all family members:

Circle Payment method: member charge, check, cash, or on-line credit card

Phone: 263-4282

Fax: 512-263-0131

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1024 Patterson Rd.

Austin, TX 78733

Email: becky@wfly.com