

West Austin Athletic Club Camp Registration Form 2010

Name: _____ **Member #** _____
Address: _____ **Zip:** _____ **T- Shirt Size Youth S M L**
E-mail: _____ **Birth Date:** _____ **Adult S M L**
Parents' Names: _____ **Contact phone #'s:** _____

WAAC Camps are 1 week sessions. Morning Camps 9 am-noon, Afternoon Camps 1-4 pm, Late Afternoon Camps 5-7, Elite Swim Camps 1-3 or 3-5, Early Drop 8-9 am, Lunch Bunch noon-1 pm, Late Stay 4-5:30 pm. All sessions are 5 days, Monday-Friday, except Late Afternoon and Elite Swim camps which are held Mon-Thurs. All camps must have at least 5 people or they may be combined with another camp held at the same time. Free snack is provided with each camp.

Pricing for One Week Session (\$)

	Member	Non-member
ALL Day 8-5:30	240	300
M,A Camp 9-12/1-4	100	130
LA Camp 5-7	85	110
Elite Swim 1-3/3-5	120	150
Early Drop 8-9	20	40
Lunch Bunch 12-1	15	30
Late Stay 4-5:30	30	60
Snack Bar Cards	5	5

Registrations prior to May 1, 2010 will be processed with a 50% non-refundable deposit. Complete payment is due May 1. Registrations after May 1 must include total payment. There is a \$15 transfer fee to change sessions. Generally, camps are closed two weeks prior to camp start, however, registrations will be accepted after that time on a space available basis.

Medical Information & Parental Consent:

I, the minor's parent and/or legal guardian, understand the nature of fitness activities of West Austin Athletic Club's Camps, and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO IDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees (West Austin Athletic Club, their administrators,

directors, agents, owners, members, volunteers, and employees) from all liability, claims, demand, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise including negligent rescue operations, and further agree that if, despite this release, I, the minor's parent and/or legal guardian, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cause any may incur as the result of any such claim.

I give West Austin Athletic Club and its Releasees permission to perform medical treatment for the minor child as needed. Included below or on an attached sheet is information about my child's medical history and emergency contacts.

I GIVE OR DO NOT GIVE my child permission to go down the water slide and off the diving boards.

Parent's Signature & Date: _____

Doctor to call in emergency: _____

Please list on another sheet any medical information that the camp staff should know including allergies, medications, disorders, seizures, asthma, **anything** you think is important to help your camper and attach to this sheet.

Camps by Date M-Morning Camp A-Afternoon Camp, LA – Late Afternoon Camp

	1	2	3	4	5	6	7	8	9	10	11	Notes
Date	June 7-11	June 14-18	June 21-25	June 28-Ju2	July 5-9	July 12-16	July 19-23	July 26-30	Aug 2-6	Aug. 9-13	Aug. 16-20	
Guppy	M,A	M,A	M,A	M,A	M,A	M,A	M,A	M,A	M,A	M,A	M	
Dolphin	M,A	M,A	M,A	M,A	M,A	M,A	M,A	M,A	M,A	M,A	M	
Swim	M,A	M,A	M,A	M,A	M,A	M,A	M,A	M,A	M,A	M,A	M,A	
Swim Plus		M	M	M		A	A	A	A	A		
Water Sports	M		M		M		M		M		M	
Tennis & Swim		M		M		M		M		M		
Tennis	M		M		M		M		M		M	
Court Sports		M		M		M		M		M		
Just for Fun		A	A	A		A		A		A	A	
WAACY Olympics	A		A		A		A	A	A			
Arts & Games	A	A		A		A	A		A	A		
WAAC Swim & Fun	LA	LA	LA	LA		LA	LA	LA	LA	LA		M-Th
Elite Swim	FR	BR	FLY	BK								M-Th
ED/LB/LS												

Please circle the Camps desired and indicate if camper will need Early Drop-off (ED), lunch bunch (LB), and/or late stay (LS). For ALL Day pick a Morning and Afternoon Camp. Send form and payment to: WAAC 1024 Patterson Rd. 78733, fax 263-0131, email becky@wfly.com. Payment can be member charge, check, cash, or MasterCard/Visa. For cc please use electronic payment at www.wfly.com. Questions: call WAAC at 263-4282.



WAAC Camps

For more details visit www.wfly.com or call 263-4282



Guppy (ages 4-8) Guppy Camp is designed for young children who are comfortable in the water and ready to learn freestyle and backstroke. Swimmers learn breath exchange, and proper movements for these strokes. To be in the Guppy Camp a child must be comfortable motoring 5-8 feet with their face in the water.

Dolphin (ages 5-9) Dolphin Camp is for young swimmers who are comfortable swimming 25 yards with their face in the water and are ready to learn or to improve the four competitive strokes. Campers work on stroke technique, play water games, and enjoy free time. On Fridays, parents are invited to a mini swim meet.



Swim (ages 9-14) Swim camp offers a traditional stroke clinic which teaches/improves the four competitive strokes of freestyle, backstroke, breaststroke, and butterfly. Campers receive individual stroke instruction and are taught stroke drills to practice proper technique. On Fridays, parents are invited to a mini swim meet. Participants must be able to motor in any way across the 25 yd. pool.



Swim Plus (ages 8-14) Swim Plus camp is for swimmers, who have good strokes (freestyle, backstroke, breaststroke and butterfly) and would like to work on starts, turns, speed and endurance. Campers will learn how to properly go in and out of turns, how to train using intervals, and how to become stronger in the water to swim greater distances.

Elite Swim (ages 8-18) Join Olympian & WFLY Coach Nate O'Brien for swim technique and race improvement. This camp is designed for competitive swimmers who are ready to take training to a new level. Each week concentrates on a different swim stroke while working on dive/start, transition, complete stroke technique, turn-into finish, and how to successfully race different distances.

Water Sports (ages 7-14) WAAC's Water Sports Camp allows campers to try many aquatics swimming, diving, water polo, and games like sharks and minnows. This popular camp is a great way to pools and learn something new. Participants must be comfortable in deep water and able to swim pool.



activities including enjoy WAAC's across the diving

Court Sports (ages 6-14) Kids and teens while being active. Campers will play a coordination. Each day campers will play



need regular exercise. This camp is about trying new things and having fun variety of sports and games which help build strength, flexibility, and tennis, basketball, and other court games.

Tennis (ages 4-14) Tennis campers work with Coach Sarah Pernell and her staff from CTTA for a week of great tennis. No experience is required just a willingness to try. Participants learn how to hold a racquet, ball control, and the basic tennis strokes. They play a variety of games that help build the skills needed in the sport of tennis.

Tennis & Swim (ages 6-14) In this camp, participants do two sports; tennis and swimming. Campers will tennis and swim instruction and play each day. Campers must be able to swim across the 25 yard pool to be in this camp.



have unassisted

Just for Fun (ages 5-14) Every year campers tell us they want to have more time to "just play". WAAC offers not only the great pools, basketball court, and tennis courts but also 10 acres to explore. Sample activities include going off the giant slide, learning a front dive off the board, playing Marco Polo, or having a four-square tournament.

WAACY Olympics (ages 5-14) like noodle relays, goggle toss, capture the



Kids just want to have fun! This camp will design a crazy Olympics with events flag, underwater somersault contest, and dive board categories.

Arts & Games (ages 8-14) Back by popular demand for the summer of 2010. Join this revamped camp which will include favorite games, wild art projects and crazy fun activities like building a maze.

Swim & Fun (ages 7-14) Evenings are fairly quiet around WAAC in the summer, so we have added a camp to accommodate youth and teens who aren't available during the day, but want swim instruction and to have fun in WAAC's pools. Snack includes a protein such as mini Pizzas or mac and cheese. (M-Th 5-7pm)