

# Swim Lessons at West Austin Athletic Club



Lessons are taught at  
West Austin Athletic Club  
1024 Patterson Rd in Austin, off  
Bee Caves Rd (2244) between  
Hwy 71 and Loop 360

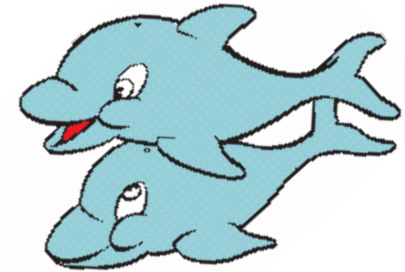


**Swim Lessons  
2009!**

**1024 Patterson Rd.  
Austin, TX 78733  
www.wfly.com  
263-4282**

**West Austin Athletic Club**

**West Austin  
Athletic Club**



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## Swim Lessons

**Swim lessons often are a child's first experience with learning to move in the water. WAAC's swim lessons provide beginners with the mechanics needed to learn formal strokes. Competitive or advanced swimmers may also want to take lessons to improve their strokes or achieve a specific goal. Swim lessons can be arranged for children to adults and for beginners with no prior experience to advanced swimmers. WAAC's lessons are designed to help all swimmers improve.**

### Why WAAC offers Great Swim Lessons

All of WAAC's swim instructors teach with patience and a positive attitude. The program is supervised by Janet Riser and Susan Walsh. Coach Janet is WAAC's head coach for the USA Swim Team. She has taught thousands of young children to swim and has taught many instructors how to effectively help all types of children swim. Susan Walsh is an owner of WAAC and has helped coordinate the swim programs at WAAC for eleven years. Janet and Susan work to bring young swimmers the best possible

### Group and Semi-Private Swim Lesson Classifications (note there is overlap within these categories)

**Beginner** (ages 3-6) First time to take swim lessons or a tentative swimmer

**Intermediate** (ages 4-8) Comfortable with someone besides parent, Comfortable with head going under water, Can move independently for 3 feet OR float on back

**Advanced** (ages 5-12) Knowledge of swim strokes, Motor 1/2 length (12.5 yards) with face in water

*Private Lessons can be arranged for any age.*

**If you have any concerns or questions, please feel free to contact Becky, Susan, or Janet at 263-4282**

#### How to Register:

- (1) Fill out the registration form describing the swimmer
- (2) Pick Session & Time Slot
- (3) Send in Registration form with payment
- (4) We will fill classes as we receive registrations and post them at [www.wfly.com](http://www.wfly.com)

*\* In general Beginner classes are taught on the hour, and Intermediate and Advanced lessons on the half-hour. However we reserve the right to move any child for their benefit before or during the session.*

#### Session Dates

**Group** Lessons are available between 9am-noon and 4-7 pm.  
Semi-Private & Private Lessons are scheduled.

#### Session Dates:

May 18-21	June 8-11	July 13-16	Aug. 3-6
May 26-28	June 15-18	July 20-23	Aug. 10-13
June 1-4	June 22-25	July 27-30	
	June 29-July 2		

*To ensure your child will be in a session please register at least 2 weeks before the session starts. Every effort will be made to accommodate late registrations however they can only be placed in classes with available spaces.*

*Payment must accompany registration form. Cancellations made prior to 3 weeks before a lesson start will be refunded half of lesson fees. After that all fees are non-refundable.*

Swim lessons are Monday—Thursday for one week.  
Lessons are 30 minutes per day for a total of 4 lessons.  
Group—3-5 swimmers (see below for costs)  
Semi-Private— 2 swimmers (\$85 mem., \$110 non-mem)  
Private— scheduled one class at a time (\$30 mem., \$40 nonm.)

#### Group Lesson Costs—One Week Session (4 lessons)

**Group Lessons: \$45 member, \$55 non-mem**  
**Beginning with the 3rd week of lessons cost goes to \$40 members, \$50 non-members**

*Young children get the most out of lessons when they are able to practice. Non-member WAAC families may swim for 30 minutes after their lesson in a designated area.*

Discount



Bonus

## WAAC Swim Lesson Registration Form

Please fill out a different form for each swimmer, Check best time period for desired sessions.

Name (Parents) \_\_\_\_\_ E-Mail \_\_\_\_\_

Address with Zip \_\_\_\_\_

Contact numbers \_\_\_\_\_

Swimmer's Name \_\_\_\_\_ DOB \_\_\_\_\_

Please briefly describe what your child can/or cannot do in the water. Include any useful info including medical conditions such as attention disorders, diabetes, epilepsy, asthma, etc.

#### Circle Desired Date(s):

May 18-21 (2-7 pm only), June 1-4  
June 8-11, June 15-18, June 22-25, June 29-July 2,  
July 13-16, July 20-23, July 27-30, Aug. 3-6, Aug. 10-13

#### Circle Lesson Type and Preferred Time(s):

**GROUP** 9-10:30 10:30-noon 4-5:30 5:30-7

**Semi-Private or Private to be arranged.**

**Medical Information & Parental Consent:** I, the minor's parent and/or legal guardian, understand the nature of fitness activities of West Austin Athletic Club's Swim Classes, and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees (West Austin Athletic Club, their administrators, directors, agents, owners, members, volunteers, and employees) from all liability, claims, demand, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise including negligent rescue operations, and further agree that if, despite this release, I, the minor's parent and/or legal guardian, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cause any may incur as the result of any such claim. I give West Austin Athletic Club and its Releasees permission to perform medical treatment for the minor child as needed. Included in an attached sheet is information about my child's medical history and emergency contacts.

**Parent's Signature & Date** \_\_\_\_\_

**For Non-members: Family Names for 30-min Practice Time:** \_\_\_\_\_

Circle Payment method: member charge, check, cash, or on-line credit card

**Phone: 263-4282**

**Fax: 512-263-0131**

**West Austin Athletic Club**

Email: [becky@wfly.com](mailto:becky@wfly.com)

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