

WAAC Fall Guppy Classes & Swim Lessons

West Austin Athletic Club is pleased to offer a series of fall lessons/classes for young beginner-intermediate swimmers and private lessons for swimmers of all ages and abilities. Four programs are available:



Beginner-Intermediate Group Swim Lessons (ages 3-8)

For swimmers tentative around the water to those swimming about 5-10 feet. Classes are 3-5 swimmers. Lessons meet for two weeks, Monday-Thursday. Older swimmers including adults can

form groups to take advantage of the group lesson rates.

Semi-Private Lessons (ages 3 – adult) Lessons with two swimmers meet Monday-Thursday for two weeks to learn/improve swimming. Participants must register as a pair.

Private (ages 3 – adult) For all levels to learn/improve swimming. Lessons are scheduled Monday-Thursday in groups of two 30 minute sessions as instructors are available.



Guppy Classes (ages 4-8) For swimmers who can motor independently 5-10 feet with their face in the water, are comfortable in the water, and can float.

This class teaches freestyle, including breathing, moving on back, and swimming further distances. Classes are 5 per instructor. Meets for two months, M-Th. Swimmers are encouraged to come at least twice a week, and welcome to come to all practices.

Swim Lesson Sessions (Registration deadline for preferred times)

* Registrations received after deadline will incur a \$20 late fee.

August 23-Sept. 2 (Aug. 13)

Sept. 7,8,9 private and semi-private only (Aug. 26)

Sept. 13-23 (Sept. 3)

Sept. 27-Oct. 7 (Sept. 16)

Times for Group Lessons: noon-3:30 pm, 6-7:30 pm

Group: 3-5 swimmers (**\$80 WAAC member, \$100 non-member**)

Semi-Private: 2 swimmers (**\$160 WAAC member., \$200 non-member**)

Private 30 min. swim lessons: (**\$30 WAAC member /\$40 non-member**) (call 263-4282 to schedule).

Guppy Classes

August 30 – Oct. 21 (8 weeks) (no class Sept. 6) M-Th

Class Times: 3:45 – 4:30 pm; 4:30-5:15 pm; 5:15-6 pm

Cost: \$250 WAAC member, \$300 non-member

Registration for WAAC Fall Swim Lessons/Guppy Classes

Please Circle the program and time or time interval

Name: _____ Birthdate: _____

Parents: _____

Address: _____

Email: _____ Zip: _____

Phones: _____

Circle Class and Time (and Days):

Guppy Class:

Parent & Tot:

Group Swim Lessons (Circle all times available, swimming ability*, and session)

3:45- 4:30

MW

TTh

Noon – 2

2:30-3:30

5:30-6

7-7:30

4:30-5:15

10:45-11:30

6-6:45

Beginner

Adv. Beg.

Intermediate

Aug. 23 – Sept. 2

Sept. 13-23

Sept. 27-Oct. 7

* Beginner- tentative; Adv Beg- puts face in water, jumps to adult; Inter- motors 5 feet unassisted, face in water

Semi-Private*:

Other swimmer Name: _____ Phone Number: _____

Circle times available and session:

Noon – 2

2:30-3:30

5:30-6

7-7:30

Aug. 23 – Sept. 2

Sept. 7, 8, 9

Sept. 13-23

Sept. 27-Oct. 7

Private Lessons*:

of Lessons: ____ Desired date(s) _____ Times Available: morning early afternoon evening

* Private lessons and semi-private lessons rescheduled with at least 1 business day's notice will incur a \$10 rescheduling fee per lesson. Lessons cancelled or rescheduled within 1 business day will forfeit the whole amount. All changes must be made in writing through Becky at becky@wfly.com.

_____ **My family would like a 3 month membership for \$425 or 12 month membership for \$960.**

Payment (member charge, check, cash, or credit card) must be received for registration to be complete. Credit cards can be used at www.wfly.com via Google Check Out. Please contact WAAC at 263-4282 or becky@wfly.com with any questions about WAAC's Guppy classes and swim lessons. Any changes regarding registrations, classes, sessions, or times must be made in WRITING to becky@wfly.com.

Return to: West Austin Athletic Club
1024 Patterson Rd
Austin, TX 78733 (FAX: 263-0131)

Medical Information & Parental Consent:

I, the minor's parent and/or legal guardian, understand the nature of fitness activities of West Austin Athletic Club's Swim Classes, and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees (West Austin Athletic Club, their administrators, directors, agents, owners, members, volunteers, and employees) from all liability, claims, demand, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise including negligent rescue operations, and further agree that if, despite this release, I, the minor's parent and/or legal guardian, or anyone on the minor's behalf makes a claim against any of the above Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cause any may incur as the result of any such claim.

I give West Austin Athletic Club and its Releasees permission to perform medical treatment for the minor child as needed. Included below is information about my child's medical history and emergency contacts.

I GIVE OR DO NOT GIVE my child permission to go down the water slide and off the diving boards.

Parent's Signature & Date: _____